

# ARS NEWSLETTER

A Supplement to American Recorder for the members of the American Recorder Society

January 2002

## 2002 BOARD ELECTION SLATE ANNOUNCED

ARS Nominating Task Force (NTF) Chair **Letitia Berlin** has announced the names of seven ARS members who have been chosen by the task force to run for the Board of Directors of the ARS. Names on the preliminary ballot are:

**Frances Blaker** (Albany, CA)  
**Kathryn Cochran** (San Leandro, CA)  
**Jerome Kaplan** (Philadelphia, PA)  
**John Nelson** (Chamblee, GA)  
**Marilyn Perlmutter** (Toledo, OH)  
**Charles Rodewald** (Pacifica, CA)  
**Kathy Sherrick** (St. Louis, MO)

As mentioned in the November *ARS Newsletter*, other individuals choosing to run for the ARS Board were able to submit a direct petition before January 8. Any ARS member could be placed on the election ballot by sending the following materials to the NTF Chair:

1. A petition signed by at least 25 members of the Society.
2. A statement of the nominee's qualifications for the post of Director.
3. A statement, signed by the nominee, expressing willingness to assume the responsibilities of a Director and to serve as a Director if elected.

Plan ahead now to vote. The full ballot containing each candidate's biography and campaign statement, plus more details about voting, will be mailed in your *ARS Newsletter* with the March issue of *American Recorder*. Each ARS membership is entitled to one copy of the voting ballot, on which up to five new Board members may be chosen. Ballots must be postmarked by June 1. Ballot voting envelopes will be mailed only to members in good standing; those whose memberships are due should renew before January 18 in order to be included in the voting pool.

## ANNUAL MEETING HELD IN ARKANSAS DESPITE TRAVEL UNCERTAINTIES



**ARS President John Nelson with Louise Rollefson, president of the Little Rock Chapter**

Because of travel disruptions related to the terrorist attacks, a number of members of the Board were unable to fly to Little Rock, AR, for the September ARS Board Meeting, which was ultimately conducted via conference call. In order to be sure that the scheduled annual meeting could be held in September, as the ARS By-Laws prescribe, ARS President John Nelson traveled to Little Rock on his own.

On September 21, Nelson met with some fifteen members from Little Rock and other parts of Arkansas for a supper

and playing session. Between the two events, Nelson spoke briefly of ongoing concerns of the ARS and also answered questions from those in attendance. The play-in following the business meeting was graced by the presence of two talented students attending the University of Arkansas at Little Rock, one from France and one from Germany.

On September 22, while still in Little Rock, Nelson presided over a conference call of the entire Board. Participating along with Nelson were all Board members: Rebecca Arkenberg, Martha Bixler, Richard Carbone, Frances Feldon, Sheila Fernekes, Clea Galhano, Alan Karass, Carolyn Peskin, Sue Roessel, and Janos Ungvary, plus executive director Gail Nickless and *American Recorder* editor Ben Dunham.

Business covered included how to proceed with fundraising vital to the ongoing efforts of the ARS, especially in light of extensive fund-raising by other organizations to assist victims of the terrorist attacks. The next phase of A.R.S. Nova 2000, the ARS Long-Range Plan, and associated funding efforts, will proceed next spring. In preparation for its January meeting, Board members will also be looking at the current goals of the ARS Long-Range Plan, to prepare for the Board's biennial discussion of how short-term projects relate to those goals.

Several topics were also discussed in preparation for the Board's face-to-face meeting in January. Advance preparations will be made for the ARS to have a more significant presence at summer workshops held by its workshop members, along the lines of the prototype events held last summer during the Amherst Early Music Festival. Other workshops will be identified and contacted regarding ARS-hosted playing sessions and ARS-encouraged course offerings, possibly related to the teaching of children and to skill improvement leading to preparation for ARS exams. Also for the January meeting, the Chapters & Consorts Committee will work to complete its summary of an e-mail survey of those currently participating in consorts and will pass along recommendations to the Education and Publications Committees in assembling topics for revising and enlarging the consort resource materials.

Other committees were charged with continuing their usual business, such as planning events for the Berkeley Festival next summer via e-mail and telephone, before the January meeting.

## DIRECTOR'S CORNER

I've just returned to the office after my annual attendance at the conference of the American Orff-Schulwerk Association, where the sessions covered everything from American music theater to Zulu traditional music. As you might guess, the sessions I attended when not in meetings focused mostly on the recorder, unless there wasn't a recorder session scheduled at a time I had open. While there's really no way to accurately reflect the full scope of topics covered, I thought I'd share with you a few of the presenters' thoughts.

One presenter's description of the actions that created the "Schulwerk"—starting nearly 80 years ago, when Carl Orff and his German colleagues began to experiment with music as the confluence of poetry, dance, and drama—likened it to a revival of the Greek concept of "mousiké." These three artistic elements are present in many of the conference sessions, where teachers elaborate on what works for them in following Orff's directive to "let the children be their own composers." Besides the rich literature of the Orff-Schulwerk, sessions encompass folk music of many countries, sound games and nursery rhymes to build a sense of rhythm in youngsters, opera, jazz, and even minimalist music by Terry Riley. In short, topics embraced anything that can be adapted to give children successful musical experiences while fostering development of certain skills and allowing for creativity—a pretty tall order. I always come back from this conference with a lot of scripts and scores running through my head. At the moment, it's a memorable limerick, "There was a young farmer of Leeds," *ba-bum*. Yesterday, it was a jazzy South American melody that just makes you want to dance.

This year there was an underlying thread that stuck in my mind from a couple of sessions, that of breath, which is obviously so important to recorder players. It was no great surprise, then, that Linda Lunbeck's recorder sessions invited participants to consider that "your breath is the sound" and to breathe three-dimensionally (or more!).

Some even more attention-grabbing information regarding breathing and older adults was presented in a session by two music teachers from a St. Louis program affiliated with OASIS, a national education program designed to enhance the quality of life for mature adults by offering challenging programs in the arts and other areas. With its topic relating to adapting the Orff-Schulwerk for seniors, this session was one of only a handful not relating to elementary music education. Music therapist Diane Quitmeyer reminded us that, in Sanskrit, the word for "breath" is identical to the word for "life." In their program's research and follow-up on the benefits of making older people aware of the importance of good breathing technique, they found that attention to breathing can 1) utilize the bottom half of the lungs, which is dead space for most people, 2) increase the rate of metabolism and aid in digestion and weight loss, 3) strengthen the immune system, while calming the mind and improving focus and concentration, 4) lower blood pressure, and 5) reduce stress.

After such a whirlwind conference, I feel like maybe I should sit down and try some deep breathing myself (if I could only get rid of that farmer from Leeds, *ba-bum*).

—Gail Nickless

## VOLUNTEERS NEEDED FOR BERKELEY FESTIVAL

Many talents are needed to coordinate and work on various ARS events being planned for the Berkeley Festival, slated for June 2-9. Among many tasks, volunteers are needed to:

- assist the Berkeley Task Force now in making advance arrangements for the various events

- help during an event or session, in ways such as: distributing programs or handouts; changing stage set-up (especially during the Recorder Relay); clearing the space after the event

- miscellaneous errands such as taking ARS brochures to events or picking up food for the chapter leaders' meeting

- reporting on events for *American Recorder*.

This is an excellent way to get to know fellow recorder players while working with them, and is much appreciated by the ARS. If you are willing to help with preparations for recorder events at the Berkeley Festival or can help during the Festival, please contact the ARS office.

## SCHOLARSHIPS AVAILABLE FROM ARS

Applications for summer scholarships, which cover tuition amounts of \$150-\$300, are now available and should be mailed to the ARS office with a postmark no later than April 15.

ARS scholarships are paid from several memorial funds established by friends and family members of former ARS members: **Andrew Acs**, a gifted recorderist who shared his talents through his teaching at workshops; **Jennifer Wedgwood Lehmann**, a long-time member of the Princeton (NJ) ARS chapter; and **Margaret S. DeMarsh**, director of the Adirondack Baroque Consort (NY). Both Acs and Lehmann also served on the ARS Board of Directors.

Applications for weekend scholarships of less than \$125 are always accepted, but are best submitted two months before funding is needed.

Contact the ARS office to have a scholarship application form mailed to you. A form that may be used for either type of application can be printed from the ARS web site, [www.americanrecorder.org](http://www.americanrecorder.org).

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## ARS PERSONAL STUDY PROGRAM RECEIVES FIRST REVISION

A subcommittee of the ARS Education Committee has recently completed a revision of the *ARS Music Lists*, part of the education materials included in the *ARS Personal Study Program (PSP)*. Originally compiled in 1996, the *Music Lists* contain graded lists of solos, ensembles, and method books and serve as a useful resource for any recorder player. They are published separately from the other two components of the *PSP* so that out-of-print music can be deleted and new editions added more frequently than changes occur in the requirements for the exams for different ARS Levels. Some members also find the annotated lists to be helpful for building a music library, even when taking an exam is not a goal.

Other materials included in the *PSP* are:

1. The 1996 *Guidebook to the Personal Study Program*, which contains the latest revisions to the exam requirements for Levels I-III. This is a necessary resource for those who intend to take one of the examinations.
2. *Thirteen Stages to Help You Improve Your Playing*, a checklist used either for self-directed study or as a way to organize preparation for the ARS Levels exams. This was first mailed to ARS members with the September 1996 issue of *American Recorder* and is included in the new-member packet received by those who have joined the ARS since then.

The revision of the almost 280 resources included in the *Music Lists* was conducted by **Carolyn Peskin** and **Constance Primus**. The first step in the process was to contact music dealers. **Eric Haas** from the Von Huene Workshop/Early Music Shop of New England, **Joel Newman** of Provincetown Bookshop, and **Jean Allison-Olson** of Honeysuckle Music provided valuable advice regarding availability of editions that might be out-of-print or hard to obtain. After that, a copy of the *Music Lists* was mailed to a number of experienced ARS teachers along with a letter asking them to select the pieces they have used successfully with their students and to indicate which are not well suited for the intended Levels or no longer being used (due to the cost of, or difficulty of finding, some editions). Teachers were also asked to suggest pieces that might be added to the *Music Lists*. Editions deleted were either unavailable and/or indicated as useful by fewer than three of the 57 experienced teachers contacted to assist with the project. Some 277 pieces are on the 2002 *Music Lists*, including new pieces, method books, and other resources that have come out since 1996 and that are suitable and recommended for recorder study.

To order the above publications (the 2002 *Music Lists*, the *Guidebook*, or a replacement copy of the *Thirteen Stages*), see the ARS publications advertisement in *American Recorder* for ordering information and prices, or contact the ARS headquarters office.

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## ARS/AOSA TASK FORCE ON YOUTH EDUCATION MEETS IN CINCINNATI

Thirteen participants gathered for an early morning coffee and meeting on November 16, 2001, during the annual American Orff-Schulwerk Association (AOSA) conference in Cincinnati, OH, attended by nearly 1,750 AOSA members.

Members of the ARS/AOSA Joint Advisory Task Force are **Martha Crowell**, chair; **Carol Huffman**, AOSA president; **John Nelson**, ARS president; **Linda Lunbeck** and **Leslie Timmons**. All five were present at the meeting, as was ARS executive director **Gail Nickless**, who acted in *ex officio* capacity.

The joint task force was created as a way for the two organizations to work together on important goals relating to musical education of our youth, especially in ways that involve the recorder. A number of ongoing projects were reaffirmed at the 2001 meeting by those attending, including the identification of talented professional recorderists to present sessions at future AOSA conferences, plus publishing notices of committee activities or articles relating to recorder education in the organizations' publications.

The committee will meet next at the November 2002 AOSA conference in Las Vegas, NV. If you are interested in participating in occasional e-mail discussions related to the work of the ARS/AOSA Joint Advisory Task Force, contact Martha Crowell at [mcrowell@springside.or](mailto:mcrowell@springside.or).

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## CALENDAR OF EVENTS

### DEADLINES

January 14 - **Postmark deadline for applications for ARS Great Recorder Relay**, an event showcasing professional recorderists during the Berkeley Festival. Info: 303-347-1120.

January 25-27 - **ARS Winter Board Meeting**, Brookline, MA, hosted by Von Huene Workshop, with assistance from nearby chapters. Info: 303-347-1120.

April 15 - **Postmark deadline for summer workshop scholarship applications**. Info: 303-347-1120, or photocopy application from *Chapter Handbook*, or print application from ARS web site, [www.americanrecorder.org](http://www.americanrecorder.org).

April 20 - **Postmark deadline for chapters to enter Play-the-Recorder Month "Most Imaginative Event" contest**. Info: 303-347-1120.

May 1 - **Deadline to apply to participate in the International Young Artist's Presentation—Early Music**, in Antwerp, Belgium, August 27-29. For ensembles with members age 17 to 35. Coaching by Kees Boeke and showcase concert. Info: [www.musica.be](http://www.musica.be); or request brochure from [info@musica.be](mailto:info@musica.be).

May 15 - **Postmark deadline for chapter grant applications** (for projects beginning any time after July 1). Info: 303-347-1120; or photocopy application from *Chapter Handbook*, or print from [www.americanrecorder.org](http://www.americanrecorder.org), the ARS web site.

June 1 - **Postmark deadline for voting in the 2002 Elections for the ARS Board of Directors**. Info: Letitia Berlin, 510-559-4670; [tish-feb@mindspring.com](mailto:tish-feb@mindspring.com).

## CALENDAR OF EVENTS

### JANUARY 2002

18-21 **Amherst Winter Weekend Workshop**, at University of Pennsylvania, Philadelphia, PA. Fac: Marion Verbruggen, Frances Blaker, Marilyn Boenau, Eric Haas, Patricia Petersen, Wendy Powers, Mark Rimple, Gwyn Roberts, Mary Springfels, Martha McGaughey, Arthur Haas, John Bailey. Info: Amherst Early Music, 50 Hovey St., Watertown, MA 02472; 617-744-1324; 617-744-1544 (fax); info@amherstearlymusic.org.

26 **"The Splendor of Venice," Mid-Peninsula Recorder Orchestra Workshop**, at Union Church, Cupertino, CA. Leader: Letitia Berlin. Info: Mary Carrigan, 415-664-9050.

### FEBRUARY

9 **Winter Workshop: In Honor of Arnold Grayson, Miami Chapter**. Leader: Valerie Horst. Music from editions of *Ogni Sorte* published by Arnold Grayson. Info: Ruth Trencher, 305-665-3380; www.geocities.com/miamiards.

15-18 **"Music of John Dowland," Early Music Guild**, at Seattle Pacific University, Seattle, WA. Fac: Drew Minter, voice, David Douglass, violin, Pat O'Brien, lute, Margriet Tindemans (dir.), viola da gamba. Advanced-level study for serious non-professional and professional musicians. Info: Early Music Guild, 206-325-7066; 206-860-9151 (fax); emg@earlymusicguild.org.

21-24 **Evelyn Dunbar Memorial Early Music Festival, Northwestern University**, Evanston, IL. Focus on dance of the 17th and 18th centuries, with ballet and opera performances, a symposium, and a Baroque dance workshop at various Chicago and Evanston locations, including the Newberry Library. General info: 847-491-4819; 847-491-2376n(fax); jkm229@northwestern.edu; www.northwestern.edu/univ-relations/media\_relations/index.htm. Symposium: renaissance@newberry.org; www.newberry.org.

22-24 **First Central Iowa Recorder Workshop, Irmis Recorder Studio**, Ames, IA. For beginning and advanced recorder players and Suzuki recorder students. Renaissance and Baroque consort classes, teaching recorder in the class room, and master classes with Patrick O'Malley. Info: 515-292-6118, 515-296-1075 (fax); irmim@netscape.net.

### Calendar Listings

Fill out the information below and send it to *ARS Newsletter*, 472 Point Road, Marion, MA 02738, or fax to 508-748-1928; e-mail: editor@recorderonline.org. Deadlines: 15th of 2nd month preceding issue date. Plan to announce events a month before they take place.

Date: \_\_\_\_\_

Name of Event: \_\_\_\_\_

Where: \_\_\_\_\_

Presented by: \_\_\_\_\_

Description (including faculty, if workshop): \_\_\_\_\_

Contact information: \_\_\_\_\_

23 **Miami Chapter Winter Playing Session**. Leader: Martha Bixler. Info: Zulema Garraffo, 305-374-1879; zgarraffo@rsmas.miami.edu; www.geocities.com/miamiards.

### MARCH (Play-the-Recorder Month)

2 **Recorder Workshop, Bergen County Chapter**, at United Methodist Church, Leonia, NJ. Fac: Deborah Booth, Valerie Horst, Gwyn Roberts, and Tom Zajac. Music shop. Info: Mary Comins, 201-489-5695; gerstenlen@cs.com.

8-10 **Hildegard in Hawaii**, at St. John's Episcopal Church, Keokeya (east Maui), HI. Fac: Dr. Meredith W. Moon, Dr. William T. Flynn, Dr. Calvert Johnson, Dr. Eliza Glaze, The Rev. Heather Mueller-Fitch. Info: Calvert Johnson, 404-471-6259; cjohnson@agnesscott.edu.

9 **Annual Recorder Workshop, Worcester Hills Recorder Society**, Worcester, MA. Fac: TBA. Info: 978-263-5875; southcott@earthlink.net.

16 **Recorder Workshop, Monadnock Chapter**, at Harper's Acres, Keene, NH. Leader: Eric Haas. Info: 603-532-8328; Nancy@Isaacs.mv.com.

### APRIL

6 **Princeton Recorder Society Workshop**, Princeton, NJ. Fac: Ken Andresen, Rachel Begley, Deborah Booth, Morris Newman, Gwyn Roberts, and Pete Rose. Info: Sue Parisi, www.princetonol.com/groups/princetonrecorder/; 908-874-5267.

13 **Annual Recorder Workshop, Buffalo Recorder Society**, at Amherst Unitarian Church, Amherst, NY. Fac: Gwyn Roberts. Info: 716-836-8518; lcburn@acsu.buffalo.edu.

20 **Annual Recorder Workshop, Phoenix Early Music Society**, Tempe, AZ. Fac: Eva Legène. Info: Irene Rosenthal, 480-759-8189; irosenthal@compuserve.com.

20 **Recorder Workshop, Monadnock Chapter**, at Harper's Acres, Keene, NH. Leader: Martha Bixler. Info: 603-532-8328; Nancy@Isaacs.mv.com.

### ON TOUR / IN CONCERT

**Piers Adams**: February 1, St. Paul's School, NH; 3, Philadelphia, PA; 5, Omaha, NE. Info: www.piersadams.com.

**Elissa Berardi**: (with Philomel Baroque) January 11-13, Bryn Mawr, Doylestown, and Center City (Philadelphia), PA; April 12-14, Chestnut Hill, Doylestown, and Center City, PA; May 17-19, Wayne, Doylestown, and Chestnut Hill, PA.

**Sarah Cantor**: February 1, Lindsay Chapel, First Church, Cambridge, MA; 10, Loring-Greenough House, Jamaica Plain, MA; May 3, Lindsay Chapel, First Church in Cambridge, MA; May 4, TBA; May 5, Loring-Greenough House, Jamaica Plain, MA. Info: Cantornote@aol.com.

**Cléa Galhano**: February 3, St. Paul, MN; (with Marion Verbruggen) March 8, Vancouver, BC; 9, Seattle, WA; 10, Seattle (Brazilian concert); (with Belladonna) 30, St. Paul, MN; April 6, workshop, Madison WI; (with Galhano/Montgomery Duo) April 12, St. Paul, MN; 14, San Francisco, CA; (with Milwaukee Baroque) May 4, 5, Milwaukee, WI; 26-27, workshop and concert with Letitia Berlin and Frances Blaker in Lincoln, OR. Info: Galhano@aol.com.

**Judith Linsenberg**: (with Portland Baroque Orchestra) 25-27, Portland, OR. (with Philharmonia Baroque) February 9, 10, 15, 16, Bay Area, CA; (with Musica Pacifica) April 27, Livermore, CA. Info: www.musicapacific.org.

**Patrick O'Malley**: (with Ars Antigua and Joe Urbinato) January 12, Quigley Chapel, Chicago, IL; (with Lisette Kielson, Joel Spears, and Joe Urbinato) March 10, Grayslake, IL; (with Chicago Opera Theater) April 22, 24, 26, 27, Monteverdi *Orfeo*, New York City, NY. Info: patrickrecorder@mac.com.